BUILDING POSSIBILITIES
YMCA OF SOUTH PALM BEACH COUNTY
The Y TIMES Newsletter | Fall 2026

# A HEALTHIER MOM. A STRONGER FUTURE.

For Maria, the Y became more than a place to exercise. It became a place where she found the encouragement, support and confidence to change her life.

After being diagnosed with Type 2 diabetes and reflecting on her family's health history, Maria knew she wanted to make a change, not only for herself, but for her children.

Already familiar with the DeVos-Blum Family YMCA through her youngest child's adaptive swim lessons, Maria decided it was finally time to focus on her own health. With encouragement from Y staff and trainers, she overcame her fear of the gym, discovered strength training and began building healthier habits.






Through consistency, determination and the support of her Y community, Maria went from 195 pounds to 154 pounds.

"Becoming a healthier mom has been one of the greatest accomplishments of my life. I look forward to continuing this path toward better health, strength and longevity for myself and my children," says Maria.

This is what your support makes possible.

When you give to the **YMCA of South Palm Beach County's Annual Giving Campaign**, 100% of your donation goes directly to programs that support youth and families in our community.

Your gift helps create opportunities for children to learn to swim, families to access the Y, teens to find connection and leadership opportunities, and individuals like Maria to find the encouragement and resources they need to thrive.

**Support our Annual Giving Campaign today: YMCASPBC.ORG/AGC**

# JIM ABBOTT IS COMING TO OUR Y!

We're excited to welcome Olympic gold medalist, Major League Baseball veteran and inspirational speaker Jim Abbott as the keynote speaker for our **25th Annual Inspiration Breakfast** on Wednesday, February 24, 2027, at the Peter Blum Family YMCA in Boca Raton.

Born without a right hand, Abbott refused to let circumstances define what was possible. He became an All-American pitcher at the University of Michigan, helped Team USA win Olympic gold and went on to play 10 seasons in Major League Baseball.

On September 4, 1993, he made baseball history, throwing a no-hitter for the New York Yankees at Yankee Stadium.

But Jim's story goes far beyond baseball. Today, he shares a powerful message about perseverance, adaptability and finding a way forward when life doesn't go according to plan.

**Presented by JM Family Enterprises** and co-chaired by Linda Gunn Paton and Freddie July-Johnson, this year's Inspiration Breakfast marks a special milestone for our Y as we celebrate 25 years of inspiring stories with more than 600 community and business leaders under the grand tent at the Peter Blum Family YMCA.

It's going to be an unforgettable morning, and we can't wait to share it with our community.

For sponsorship information or to purchase a table or ticket, visit: **ymcaspbc.org/inspirationbreakfast**



Presented by:
JM Family Enterprises

# CELEBRATING GENEROSITY. BUILDING POSSIBILITIES.

The YMCA of South Palm Beach County recently brought together its philanthropic supporters for the **Triangle Society Reception**, a special evening recognizing the individuals and organizations whose generosity in 2025 helps turn the Y's mission into meaningful opportunities for children, families and individuals in our community.



A highlight of this year's celebration was the recognition of donors who helped make the Peter Blum Family YMCA's Preschool Expansion Project a reality. With construction nearing completion, the expanded preschool will soon welcome more young learners, providing a strong foundation for their education and development.




YMCA President & CEO Jason Hagensick shared his appreciation for the donors and sponsors whose investments are helping shape the Y's future. Special recognition was also given to Christine E. Lynn and Marta and Jim Batmasian for their generous support in establishing the Teen Achievers Initiative, an investment in empowering local teens with the experiences, guidance and opportunities they need to reach their full potential.

Together, these contributions reflect the spirit of the Triangle Society: generosity that creates opportunities today while Building Possibilities for tomorrow.

Held at the beautiful Royal Palm Yacht & Country Club in Boca Raton and graciously hosted by Lawless, Edwards & Warren, the evening was a meaningful celebration of generosity, partnership and the incredible impact we can make together.






# UPCOMING EVENTS

## CORPORATE CUP CHALLENGE

Presented by JM Family Enterprises, the **Corporate Cup Challenge** is our Y's premier adult field day held at the Peter Blum Family YMCA. November 7, 2026.

**YMCASPBC.ORG/CORPORATECUPCHALLENGE**

## RAISE YOUR GLASS FOR THE Y

**This event will be hosted at NOBO Brewing in Boynton Beach. Join us for light bites, libations and raffles on November 11, 2026 from 6-8pm.**

**YMCASPBC.ORG/RAISEYOURGLASS**

## BREAKFAST WITH SANTA

Generously sponsored by Publix Super Markets Charities, the DeVos-Blum Family Y and Peter Blum Family Y will host **Breakfast with Santa**. December 12 & 13, 2026

**YMCASPBC.ORG/SANTA**

## 25TH ANNUAL INSPIRATION BREAKFAST

Presented by **JM Family Enterprises,** the **25th Annual Inspiration Breakfast** with keynote speaker, **Jim Abbott**, will be held at the Peter Blum Family YMCA. February 24, 2027.

**YMCASPBC.ORG/INSPIRATIONBREAKFAST**

**Visit our website for the latest updates on YMCA events and activities: YMCASPBC.ORG/EVENTS**

# THANK YOU FOR THE GENEROUS SUPPORT FROM OUR GRANTS AND SPONSORS*

**City of Boca Raton**
**PBC Partnership for Aging**
**Publix Super Markets Charities**
**Y USA**

**As of October 16, 2026*

# INVESTING IN OUR COMMUNITY THROUGH THE YMCA



**Cathy & Abdol Moabery**
*Delray Beach Residents and Community Leaders for 25 years*

### You're long-time residents of South Palm Beach County. How have you seen its civic needs change?

Back in 1992, South Palm Beach County's growth was steady, manageable and its civic needs were predictable. About a decade ago, growth accelerated, placing greater strain on infrastructure and services. The pandemic dramatically intensified these trends, driving rapid in-migration, housing pressure, and increased demand on public systems. Civic needs are now more complex, requiring proactive, data-driven planning and stronger coordination to remain sustainable.

### Strong communities support the less fortunate. What causes do you personally find most compelling and why?

We believe strong communities are defined by how well they support those with the least margin for error. We're drawn to causes that address structural gaps, especially education and youth development that level the playing field early and deliver measurable, long-term impact. We value locally rooted, outcome-driven organizations that prioritize lives changed over dollars raised. The Y exemplifies that commitment through accountability, dignity, and lasting community investment.

### You've donated to the YMCA. What was the focus of your investment and why did you pick the Y as a vehicle for that gift?

This was not a donation. It was an investment. Cathy and I chose the Y for its measurable, scalable impact at the intersection of youth development, family stability, and community health. The Y delivers quantifiable outcomes through education, childcare, and preventative health programs, while remaining deeply embedded locally. Its accountability, operational rigor, and focus on lives changed rather than dollars raised make it a durable vehicle for strengthening the community.

### How would you describe the YMCA's community role to someone who's just moved into the area?

The Y is a core operating institution, not a peripheral nonprofit. It stabilizes the community by providing childcare, youth programs, wellness, and preventative health services that support families, workforce participation, and public health. The Y is also one of the few truly inclusive spaces, connecting people across income levels and backgrounds through means-tested access. For newcomers, it's where community becomes functional and preventative, not reactive.

# BUILDING A SOLID FOUNDATION

## Preschool Expansion Project Nearing Completion

We're putting the finishing touches on something BIG for our littlest learners!

Our expanded **Countess de Hoernle Early Learning Center** is almost ready to welcome even more curious minds, bright smiles, and big dreams! With new classrooms and exciting spaces to explore, we're creating more opportunities for children to learn, grow, build friendships, and discover a world of possibilities.

The countdown is on, and we can't wait to open our doors to even more little learners!

This exciting expansion is just one of the ways our Building Possibilities Campaign is creating brighter futures for generations to come. Discover how you can be part of what's next and help make a lasting impact.

**YMCASPBC.ORG/Building-Possibilities**



## Big Wins, Bigger Impact at Casino Night!

A winning night for our community! Held at the Delray Genesis Club at Flagler Credit Union Stadium at FAU, our Y's **4th Annual Casino Night**, as part of Boca Chamber Festival Days, brought together friends and supporters for an evening of fun while raising $23,000 for the YMCA of South Palm Beach County's Financial Assistance Program.







## A Teen-Led Vision For Change

Teens came together to connect, learn and support one another at the **inaugural T.H.R.I.V.E. Teen Mental Wellness Summit** at the Peter Blum Family YMCA. Created by local high school student Zoraida de Souza, the teen-led event welcomed 87 teens for a day focused on mental wellness, resilience and building practical skills to navigate life's challenges.











## Fueled by Fun, Driven by Community

What a day at the DeVos-Blum Family YMCA! Our first-ever **Motor Fest** event brought the community together for an afternoon filled with incredible cars, great company and plenty of fun. Thank you to everyone who came out, showed off their rides and helped make our inaugural event one to remember!










the YMCA