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Jim Abbott to Keynote YMCA of South Palm Beach County's 25th Annual Inspiration Breakfast

BOCA RATON, FL (Oct. 5, 2026) The YMCA of South Palm Beach County announced that Olympic gold medalist, Major League Baseball veteran, New York Yankees no-hitter pitcher, bestselling author and inspirational speaker **Jim Abbott** will serve as the keynote speaker for its **25th Annual Inspiration Breakfast** on Wednesday, Feb. 24, 2027, at the Peter Blum Family YMCA in Boca Raton.

Born without a right hand, Abbott defied expectations to become one of baseball's most inspiring athletes. He was an All-American pitcher at the University of Michigan, received the prestigious Sullivan Award in 1987, pitched for the gold medal-winning U.S. Olympic Team in 1988 and went on to play 10 seasons in Major League Baseball.

On Sept. 4, 1993, Abbott made baseball history when he took the mound for the New York Yankees and threw a no-hitter against the Cleveland Indians at Yankee Stadium.

Beyond his accomplishments on the field, Abbott has become a respected advocate for people with disabilities, bestselling author and sought-after motivational speaker. His message of perseverance, adaptability and overcoming adversity has inspired audiences across the country.

Presented by JM Family Enterprises, the YMCA of South Palm Beach County's 25th Annual Inspiration Breakfast is expected to bring together more than 600 community and business leaders under a grand tent at the Peter Blum Family YMCA. The milestone event will celebrate 25 years of inspiring stories while supporting the YMCA's mission to strengthen the community and create opportunities for children and families to thrive.

For sponsorship information or to purchase a table or ticket, visit: www.ymcaspb.org/inspiration-breakfast

(attached photo: Jim Abbott)

About the YMCA

The YMCA of South Palm Beach County serves as a community anchor in Palm Beach County by enriching lives and strengthening community through youth development, healthy living and social responsibility. The YMCA of South Palm Beach County is comprised of The Peter Blum Family YMCA of Boca Raton, The DeVos-Blum Family YMCA of Boynton Beach and the YMCA@901 NCCI. For more information, please visit YMCASPBC.org