



# OCTOBER SWIM LESSONS

## Session Dates

Member Priority opens: Sept. 16      Non-Member opens: Sept. 21

Mon/Wed. Oct. 5-25      Tues./Thurs: Oct. 6-29    8 classes

Prices: Members \$106    Non-Members: \$201 for the session

Saturday will be available again in November

| Parent/ Child 6m-3yrs                                               | Mon. & Wed.                                | Tues. & Thurs.                            |  |
|---------------------------------------------------------------------|--------------------------------------------|-------------------------------------------|--|
| Water Discovery & Explorations                                      | 10:30-11:00am<br>5:15- 5:45pm              | 5:30-6:00pm                               |  |
| Preschool Ages 3-5yrs                                               | Mon. & Wed.                                | Tues. & Thurs.                            |  |
| 1 Water Acclimation<br>2 Water Movement                             | 4:00-4:30pm<br>5:15- 5:45pm<br>6:25-6:55pm | 4:00-4:30pm<br>5:50-6:20pm<br>6:00-6:30pm |  |
| 3 Water Stamina<br>(Must swim dependently)<br>4 Stroke Introduction | 5:15-5:45pm                                | 5:50-6:20pm                               |  |
| Youth Ages 6-12yrs                                                  | Mon. & Wed.                                | Tues. & Thurs.                            |  |
| 1 Water Acclimation<br>2 Water Movement                             | 4:30-5:10pm<br>5:45- 6:25pm                | 4:30-5:10pm<br>6:20-7:00pm                |  |
| 3 Water Stamina<br>4 Stroke Introduction                            | 4:30-5:10pm<br>5:45-6:25pm                 | 5:10-5:50pm<br>6:30-7:10pm                |  |
| 5 Stroke Development<br>6Stroke Mechanics                           | 5:45-6:25pm                                | 5:10-6:20pm                               |  |
| Teen/Adult                                                          | 6:25-7:05pm                                | 6:20-7:00pm                               |  |