

PETER BLUM FAMILY YMCA SUMMER CAMP 2026



Week 6: Ministry of Magic

MONDAY

7/6

- Welcome to the wellness center
- HIIT Workout
- Obstacle Course
- Capture the flag w a twist

TUESDAY

7/7

- Warm up
- Foam rolling
- Bootcamp w Meredith
- Stretching
- Kickball

WEDNESDAY

7/8

- Capture the Flag
- Cardio Challenge
- Dodgeball

THURSDAY

7/9

- Relay Obstacle Race
- Capture the Flag
- SWIM
- Test your reactions

FRIDAY

7/10

- Game of Choice
- Kickball
- Speed & agility w coach John

Dress up as your favorite Harry Potter character!

Below are a list of items that campers will need to bring daily...
NUT FREE lunch, two NUT FREE snacks, water bottle, sunscreen, and change of clothing

WHAT TO BRING

- Nut Free Lunch
- Snacks
- Reusable Water Bottle

WHAT TO BRING

- BATHING SUIT, TOWEL, AND CHANGE OF CLOTHES
- Nut Free Lunch
- Snacks
- Reusable Water Bottle

WHAT TO BRING

- PIZZA MONEY
- Nut Free Lunch
- Snacks
- Reusable Water Bottle

- BATHING SUIT, TOWEL, AND CHANGE OF CLOTHES
- NUT FREE LUNCH
- SNACKS
- REUSABLE WATER BOTTLE

WHAT TO BRING

- KONA ICE MONEY
- Nut Free Lunch
- Snacks
- Reusable Water Bottle