



MARCH SWIM LESSONS

Upcoming Session Dates

Members Priority Registration : Feb. 11 Participants Opens: Feb. 16

Mon. /Wed: March 2–April 1 8 classes \$106/\$201

Tues./Thurs: March 3–April 2 8 classes \$106/\$201

Sat: March 7– May 2 8 classes \$106/\$201

NO CLASSES SPRING BREAK MARCH 16–21

PARENT/CHILD	Ages 6mo-3yrs.	Mon & Wed	Tues & Thurs	Saturday
	Water Discovery & Exploration	11:00am 5:15-5:45pm	5:50-6:20pm	9:45-10:15am 11:00-11:30am

Stages	Preschool Ages 3-5yrs.	Mon & Wed	Tues & Thurs	Saturday
	1 Water Acclimation 2 Water Movement	4:00-4:30pm 5:15-5:45pm 6:25-6:55pm	4:00-4:30pm 4:40-5:10pm 5:50p-6:20m	9:15-9:45am 9:45-10:15am 11:00-11:30am
	3 Water Stamina (Must swim independently) 4 Stroke Introduction	5:15-5:45pm	4:00-4:30pm 5:50-6:20pm	9:45-10:15am

Stages	Youth Ages 6-12 yrs.	Mon & Wed	Tues & Thurs	Saturday
	1 Water Acclimation 2 Water Movement	4:30-5:10pm 5:45-6:25pm 6:25-7:05pm	4:30-5:10pm 5:10-5:50pm 6:20-7:00pm	9:00-9:40am 10:15-10:55am 11:30am-12:10pm
	3 Water Stamina 4 Stroke Introduction	4:30-5:10pm 5:45-6:25pm	5:10-5:50pm 6:20-7:00pm	10:15-10:55am 11:30-12:10pm
	5 Stroke Development 6 Stroke Mechanics	5:45-6:25pm	5:10-5:50pm	10:15-10:55am

	Ages 13 & Up	Mon & Wed	Tues & Thurs	Saturday
	Teen/ Adult	11:30-12:10pm	6:20-7:00pm	Level 2 9:00-9:40am Level 1 11:30-12:10pm