



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# LEADERS IN TRAINING SUMMER 2026



Our LIT program focus on developing strong leaders through training, discussion, observation and practices. This is a program for teens serious about learning to work with children and improving their leadership skills. We believe the future of our camp lies within you! The most important part of this training program is the hands - on experience you will gain working with campers while being guided by camp leaders. We will train you and give you the tools needed to be a great leader. Upon completion of the Devos- Blum YMCA LIT program you will be better prepared to work with adults, peers and children of all ages, interests and abilities. You will also walk away with new friendships, and a strong work ethic that you can apply to any leadership experience.

The LIT program is offered as learning opportunity for youth that still wish to participate at camp. As an LIT for the Devos-Blum YMCA Summer Camp *you must commit to the four week program.* You are also expected to abide by all rules and policies of the YMCA as stated in the LIT contract. Please understand that if you are accepted into the YMCA LIT program you are no longer a camper. This means from the moment you accept this position you will always need to be a positive role model.

LIT's will work with different groups and have different jobs to do throughout the day. Senior Counselors will serve as mentors and LITs will ultimately be evaluated by the LIT Coordinator and Head Counselor. The Camp LIT program is offered to students within ages of 12 to 15 years.

Please note registration approval will be given once your application and references are reviewed. You may be called for an interview, Which are at a first come basis. Thank you for your interest in our program! We are looking forward to a great summer!



## DeVos Blum Family YMCA Leaders in Training 2026 Application

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<b>L.I.T Information</b>		Location (please circle)    DeVos – Blum YMCA    /    West Boynton Parks & Rec	
Last Name	First Name	Birthdate	
Address		City/ State/ Zip	
Email Address		Phone Number	
School Name	Grade (2025-2026)	Session 1 or 2	
<b>Parent / Guardian Information</b>			
Mother's Name		Work Phone	
Address		City/ State/ Zip	
Email Address		Cell Number	
Father's Name		Work Phone	
Address		City/ State/ Zip	
Email Address		Cell Number	
Have you participated in the YMCA LIT Program before? Yes or No			
If YES Please explain your experience			
Have you ever worked with children before? Yes or No. If YES Please explain your experience			
Please indicate any hobbies, special interest, or training you have received:			



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## LIT Expectations and Responsibilities Contract

- Take responsibility for your own actions
- Cell phones are prohibited while supervising children
- Stay with group at all times unless instructed by LIT coordinator
- Keep hands and feet to yourself at all times
- Respect members of the DeVos Blum Family YMCA , staff, campers, and fellow LIT's
- Take proper care of YMCA property and Equipment
- Be a ROLE MODEL for campers
- Always wear correct attire to camp
- Exemplify the YMCA ideals of Youth Development, Healthy Living, and Social Responsibility
- Have timely communication with LIT coordinator regarding need for absence, late arrival, or early dismissal
- Assist counselors with management of campers
- Assist in the set– up of camp events
- Assume additional , reasonable , responsibilities as assigned by LIT Coordinator or Camp Director
- In being selected for this program, all LIT's commit to their designated 4 week placement in its entirety
- Communicate with staff regarding problems or issues that arise with campers
- Communicate with LIT Coordinator regarding issues or concerns
- Attend Mandatory LIT training
- MAKE MEMORIES AND HAVE FUN!!!!

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LIT Signature

Date

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Parent Signature

Date

By signing this contract you agree to abide by the above expectations and understand that failing to abide by set expectations and responsibility can and will result in dismissal from the LIT program .



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## SHORT ANSWERS

**On a Separate paper, please answer the following questions.  
Please type neatly and attach to this application.**

- Why have you chosen to apply for a Leader in training position at camp?
- What contributions are you going to make to LIT program? How are you going to stand out and be noticed?
- What do you think your LIT Coordinator and Camp Director expect from you and how will you meet that expectation?
- If 10 people who knew you were asked to write down one adjective to describe you what would they be? Do you think this accurately describes you and why?

## REFERENCES

Three forms or letters reference are needed in order to apply to the LIT Program. One reference form/ letter must be from someone related to you while the other two must be non - relatives who know you well i.e., coaches, teachers, neighbors, employers, pastor. etc.) All references should speak to characteristics such as your leadership, creativity, enthusiasm, initiative, etc. Forms/Letters of reference can be returned together or separate from this application. Three references are included with this application.

### Please read carefully:

- I certify that all of the information on this form is accurate and complete
- I authorize the DeVos Blum YMCA to make inquiries regarding my work/ and or education history, and release the DeVos Blum YMCA and former schools, or individuals from all liability with respect to such inquiries
- I understand that if accepted into the DeVos Blum YMCA Leader In Training program, I will be expected to conduct myself in a manner consistent with the YMCA Values as stated in the LIT Contract .

\_\_\_\_\_  
LIT Signature

\_\_\_\_\_  
Date

I give my permission for my child to apply for acceptance to the DeVos Blum Family YMCA Leader in training program, and will support my child should he/she be accepted into the program.

\_\_\_\_\_  
Parent/ Guardian Signature

\_\_\_\_\_  
Date



## Reference Form

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**To the Applicant: Please fill out and sign the boxed section and give to a non related individual to fill out.**

Name of Applicant: \_\_\_\_\_ Position applied for :   LIT    
I authorize the release of this information to the DeVos Blum Family YMCA LIT Coordinator  
\_\_\_\_\_  
Signature Date

**To The Reference:** The above-name individual has applied for a Leader in training (LIT) position at the DeVos Blum Family YMCA Summer Day Camp. Because it is so important that our volunteer and leaders have the patience and understanding to work with children, parents, staff members and fellow LITs, we would like information concerning the personal and professional qualifications of this applicant. Characteristics such as creativity, initiative, self-motivation, energy, cooperation, and personal integrity are important. Your assistance is appreciated, and your responses will be kept in confidence. Thank you for your promptness in completing this form! Please return to the address below or to the applicant as soon as possible. Thank you!  
*Please note that you can send a reference letter instead of this form but make sure to cover all of the areas that you are asked to comment on within this form.*

DeVos Blum Family YMCA of Boynton Beach 9600 S. Military Trail Boynton Beach FL, 33436 Attention to Brenda Dejesus or email to [bdejesus@ymcaspbc.org](mailto:bdejesus@ymcaspbc.org)

How long and in what capacity have you known this applicant?

What do you feel is the greatest strength of this applicant with regard to being a leader at The DeVos Blum Family YMCA's Day Camp?

In your opinion, is this applicant a suitable positive role for youth ages 5-11?

Please rate this applicant in the following areas	Excellent	Fair	Poor	N/A	Comments
Good Communication Skills					
Relates well with children					
Is patient					
Displays a positive attitude					
Is safety conscious					
Relates well with peers					
Is caring					
Is honest					
Is respectful					
Is responsible					
Consider alternatives and consequences before acting					
Is flexible can adapt to changes					
Complete tasks					

Reference Name: \_\_\_\_\_ Title: \_\_\_\_\_

Contact Number: \_\_\_\_\_ Email: \_\_\_\_\_



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