



FEBRUARY SWIM LESSONS

Upcoming Session Dates:

Members Priority opens: Jan. 14

Participants Opens: Jan. 19

Mon/Wed: Feb. 2-25 8 classes \$106/ \$201

Tues/Thurs: Feb. 3-26 8 classes \$106/\$201

Saturday classes available again for March– registration starts February 18

	Ages 6mo-3yrs.	Mon & Wed	Tues & Thurs
	PARENT/CHILD Water Discovery & Exploration	11:00-11:30m	4:30-5:00pm

Stages	Preschool Ages 3-5yrs.	Mon & Wed	Tues & Thurs
	1 Water Acclimation 2 Water Movement	4:00-4:30pm 5:15-5:45pm 6:25-6:55pm	4:00-4:30pm 5:50p-6:20m
	3 Water Stamina (Must swim independently) 4 Stroke Introduction	5:15-5:45pm	4:00-4:30pm 5:50-6:20pm

Stages	Youth Ages 6-12 yrs.	Mon & Wed	Tues & Thurs
	1 Water Acclimation 2 Water Movement	4:30-5:10pm 6:25-7:05pm	4:30-5:10pm 6:20-7:00pm
	3 Water Stamina 4 Stroke Introduction	4:30-5:10pm 5:45-6:25pm	5:10-5:50pm 6:20-7:00pm
	5 Stroke Development 6 Stroke Mechanics	5:45-6:25pm	5:10-5:50pm

ADULT (13 and up)	Ages 13 & Up	Mon & Wed	Tues & Thurs
	Teen/ Adult	11:30am-12:10pm	6:20-7:00pm