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**Parkinson's Foundation Awards Grants in 38 States for Parkinson's  
Community Programs**

*YMCA of South Palm Beach County Awarded \$15,000 for Parkinson's Disease  
Management Program*

**NEW YORK & MIAMI (August 15, 2025)** – The [Parkinson's Foundation](https://www.parkinsons.org) today announced the recipients of more than \$1 million in community grants for Parkinson's disease (PD) programs across the U.S. The Foundation invests in community programs that make an impact in local communities and help people live better with PD by providing support for health, wellness and educational needs. The YMCA of South Palm Beach County was awarded \$15,000 to provide no-cost access to the Y's evidence-based Parkinson's and aging management programs, including Surf and Turf, Parkinson's Cycle, and Parkinson's Dance. Designed for adults ages 60 and older in South Palm Beach County, these programs support physical function, symptom management, and emotional and social well-being for individuals living with Parkinson's disease, those at risk, and their care partners, ultimately improving overall quality of life.

“For the more than 1 million people living with PD in the U.S., access to local programs like support groups, exercise classes or educational courses is truly life-changing,” said Parkinson's Foundation President and CEO John L. Lehr. “Investments in nation-wide community grant funding represents the Foundation's on-going dedication to improving the lives of our Parkinson's community across the country.”

Community grants range from a minimum of \$10,000 to a maximum of \$25,000 per recipient. The 2025 grant cycle funds programs that address mental health needs of people with PD, reach those who are PD care partners, and educate and deliver exercise specifically designed for people with PD. Selected organizations operate locally and demonstrate a commitment to diversity, equity and inclusion.

“By offering these evidence-based classes at no cost, the Y can expand our reach, strengthen community support systems, and improve quality of life for those navigating Parkinson's and the aging process,” states Robin Nierman, Director of Community Health for the YMCA of South Palm Beach County.

Since 2011, the Foundation has invested more than \$12.7 million in 969 community-based programs. To see the full list of the 2025 community grant recipients, visit [Parkinson.org/CommunityGrants](https://www.parkinsons.org/CommunityGrants).

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## **About the Parkinson's Foundation**

The Parkinson's Foundation makes life better for people with Parkinson's disease by improving care and advancing research toward a cure. In everything we do, we build on the energy, experience and passion of our global Parkinson's community. Since 1957, the Parkinson's Foundation has invested more than \$474 million in Parkinson's research and clinical care. Connect with us on [Parkinson.org](https://www.parkinson.org), [Facebook](#), [X](#), [Instagram](#) or call 1-800-4PD-INFO (1-800-473-4636).

## **About Parkinson's Disease**

Affecting an estimated one million Americans, Parkinson's disease is the second-most common neurodegenerative disease after Alzheimer's and is the 14th-leading cause of death in the U.S. It is associated with a progressive loss of motor control (e.g., shaking or tremor at rest and lack of facial expression), as well as non-motor symptoms (e.g., depression and anxiety). There is no cure for Parkinson's and nearly 90,000 new cases are diagnosed each year in the U.S.